

May 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|--|--|--|--|
| | | | | 1 10:00 am Temiskaming Shores Library Digital Literacy Sessions 11:15 am From Soup To Tomatoes Senior Exercise Class | 2 | 3 1:30 pm Bibliothèque Public de Temiskaming Shores: Créations de découpage |
| 4 | 5 | 6 3:00 pm Committee of the Whole | 7 9:00 am Women's Mobility Class 9:00 am Aquafit 10:30 am Temiskaming Shores Library Spring Preschool Storytime 12:00 pm Adult Swim 12:00 pm Age Friendly Gentle Flow Yoga | 8 8:15 am Aquafit 9:00 am Age Friendly Women's Exercise Class 10:00 am Temiskaming Shores Library Digital Literacy Sessions 11:00 am Age Friendly Intermediate Line Dancing 12:00 pm Adult Swim 2:00 pm Age Friendly Chair Yoga | 9 9:00 am Aquafit 12:00 pm Adult Swim | 10 |
| 11 | 12 9:00 am Aquafit 12:00 pm Adult Swim | 13 8:15 am Aquafit 9:00 am Age Friendly Women's Exercise Class 10:00 am Age Friendly Beginner Line Dancing 11:15 am From Soup To Tomatoes Senior Exercise Class 12:00 pm Adult Swim | 14 8:30 am All Age Friendly Outdoor Pickleball 9:00 am Aquafit 9:00 am Women's Mobility Class 10:30 am Temiskaming Shores Library Spring Preschool Storytime 12:00 pm Adult Swim 12:00 pm Age Friendly Gentle Flow Yoga | 15 8:15 am Aquafit 9:00 am Age Friendly Women's Exercise Class 10:00 am Temiskaming Shores Library Digital Literacy Sessions 11:00 am Age Friendly Intermediate Line Dancing 11:15 am From Soup To Tomatoes Senior Exercise Class 12:00 pm Adult Swim 2:00 pm Age Friendly Chair Yoga | 16 8:30 am All Age Friendly Outdoor Pickleball 9:00 am Aquafit 12:00 pm Adult Swim | 17 10:30 am Temiskaming Shores Library Family Storytime 1:00 pm Temiskaming Shores Public Library Junior Reading Club |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |

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| | | 8:15 am Aquafit 9:00 am Age Friendly Women's Exercise Class 11:15 am From Soup To Tomatoes Senior Exercise Class 12:00 pm Adult Swim 6:00 pm Regular Council Meeting | 8:30 am All Age Friendly Outdoor Pickleball 9:00 am Aquafit 9:00 am Women's Mobility Class 10:30 am Temiskaming Shores Library Spring Preschool Storytime 12:00 pm Adult Swim 12:00 pm Age Friendly Gentle Flow Yoga | 8:15 am Aquafit 9:00 am Age Friendly Women's Exercise Class 10:00 am Temiskaming Shores Library Digital Literacy Sessions 11:15 am From Soup To Tomatoes Senior Exercise Class 12:00 pm Adult Swim 2:00 pm Age Friendly Chair Yoga | 8:30 am All Age Friendly Outdoor Pickleball 9:00 am Aquafit 12:00 pm Adult Swim | |
| 25 10:00 am IG Wealth Management Walk for Alzheimer's | 26 9:00 am Aquafit 12:00 pm Adult Swim | 27 8:15 am Aquafit 9:00 am Age Friendly Women's Exercise Class 11:15 am From Soup To Tomatoes Senior Exercise Class 12:00 pm Adult Swim | 28 8:30 am All Age Friendly Outdoor Pickleball 9:00 am Aquafit 9:00 am Women's Mobility Class 10:30 am Temiskaming Shores Library Spring Preschool Storytime 12:00 pm Adult Swim 12:00 pm Age Friendly Gentle Flow Yoga | 29 8:15 am Aquafit 9:00 am Age Friendly Women's Exercise Class 10:00 am Temiskaming Shores Library Digital Literacy Sessions 11:15 am From Soup To Tomatoes Senior Exercise Class 12:00 pm Adult Swim 2:00 pm Age Friendly Chair Yoga | 30 8:30 am All Age Friendly Outdoor Pickleball 9:00 am Aquafit 12:00 pm Adult Swim | |

<https://calendar.temiskamingshores.ca>