

December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9:00 am Aquafitness 12:00 pm Adult Swim 1:00 pm Indoor Walking	3 9:00 am Age Friendly Women's Exercise Group 10:00 am Beginner Line Dancing	4 9:00 am Women's Mobility Class 9:00 am Aquafitness 12:00 pm Adult Swim 12:30 pm Age Friendly Skating	5 9:00 am Indoor Walking 9:00 am Age Friendly Women's Exercise Group 11:00 am Age Friendly Intermediate Line Dancing 2:00 pm Age Friendly Chair Yoga	6 9:00 am Indoor Pickleball 9:00 am Aquafitness 12:00 pm Adult Swim 12:30 pm Age Friendly Skating	7
8	9 9:00 am Aquafitness 12:00 pm Adult Swim	10 9:00 am Age Friendly Women's Exercise Group 10:00 am Beginner Line Dancing	11 9:00 am Women's Mobility Class 9:00 am Aquafitness 12:00 pm Adult Swim 12:30 pm Age Friendly Skating	12 9:00 am Age Friendly Women's Exercise Group 11:00 am Age Friendly Intermediate Line Dancing 2:00 pm Age Friendly Chair Yoga	13 9:00 am Indoor Pickleball 9:00 am Aquafitness 12:00 pm Adult Swim 12:30 pm Age Friendly Skating 1:00 pm Age Friendly Curling 1:30 pm Age Friendly Bowling	14
15	16 9:00 am Aquafitness 12:00 pm Adult Swim 1:00 pm Indoor Walking	17 9:00 am Age Friendly Women's Exercise Group 10:00 am Beginner Line Dancing	18 9:00 am Women's Mobility Class 9:00 am Aquafitness 12:00 pm Adult Swim 12:30 pm Age Friendly Skating	19 9:00 am Indoor Walking 9:00 am Age Friendly Women's Exercise Group 2:00 pm Age Friendly Chair Yoga	20 9:00 am Indoor Pickleball 9:00 am Aquafitness 12:00 pm Adult Swim 12:30 pm Age Friendly Skating 1:30 pm Age Friendly Bowling	21
22	23	24	25	26	27	28
29	30	31				