



Wednesday, October 1, 2025

Age Friendly Women's Mobility Class

Date and Time: Wednesday, October 1 9:00 am - 10:00 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free mobility exercise class for women. Bring a clean pair of indoor shoes, an exercise mat and a water bottle. Class takes place in the upstairs hall at the Shelley Herbert-Shea Memorial area in Haileybury.

Aquafitness

Date and Time: Wednesday, October 1 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

Indoor Pickleball

Date and Time: Wednesday, October 1 10:00 am - 12:00 pm

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment available. Bring a clean pair of indoor shoes.

Adult Swim

Date and Time: Wednesday, October 1 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Age Friendly Gentle Flow Yoga

Date and Time: Wednesday, October 1 1:15 pm - 2:15 pm

Address: Riverside Place or Dymond Community Hall

Free gentle flow yoga with instructor Jen Cote. Registration is required. Bring your own mat. Alex for location details.

Thursday, October 2, 2025

Women's Exercise Group

Date and Time: Thursday, October 2 9:00 am - 10:00 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

Temiskaming Shores Library Digital Literacy Sessions

Date and Time: Thursday, October 2 10:00 am - 3:00 pm

Address: 285 Whitewood Ave. West

The library's digital literacy sessions are for patrons looking to access help to learn how to use their e-readers, tablets, laptops and how to access online resources. Anyone can make an appointment to learn more about using their smart device. Staff will provide their knowledge and expertise to assist you, and if they are unable to address the issue, will provide guidance for patrons as to where they can go for additional services. Digital literacy session appointments are free, and run at 45-minutes intervals to provide specific one-on-one help addressing a patrons' specific question or troubleshooting issue. Call the library to book a session!

All Age Friendly Intermediate Line Dancing

Date and Time: Thursday, October 2 11:00 am - 12:00 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free intermediate level line dancing classes in the upstairs hall at the Shelley Herbert-Shea Memorial Arena in Haileybury. Bring a clean pair of indoor shoes and a water bottle. Registration is required.

Adult Swim

Date and Time: Thursday, October 2 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

All Age Friendly Chair Yoga

Date and Time: Thursday, October 2 2:00 pm - 3:00 pm

Address: Please contact for location.

Free chair yoga class with instructor Jen Cote. Class will be at the Riverside Place in New Liskeard or the Dymond Community Hall.

Friday, October 3, 2025

Aquafitness

Date and Time: Friday, October 3 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

Indoor Pickleball

Date and Time: Friday, October 3 9:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment available. Bring a clean pair of indoor shoes.

Adult Swim

Date and Time: Friday, October 3 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Age Friendly Skating

Date and Time: Friday, October 3 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Free skating at the Don Shepherdson Memorial Arena in New Liskeard. Bring your own equipment.

Saturday, October 4, 2025

Temiskaming Shores Public Library Junior Reading Club

Date and Time: Saturday, October 4 1:00 pm - 2:00 pm

Address: 285 Whitewood Ave. West

The Temiskaming Shores Public Library has a Junior Reading Club. This is a group of young people between the ages of 8 and 12 who enjoy reading and like to book-talk about what they're reading without giving away any spoilers. This is a great way to enjoy spending time with like-minded peers and perhaps find some great new authors/stories to dive into. If you're interested in joining the group give the library a call at 705-647-4215 for more information.

Monday, October 6, 2025

Aquafitness

Date and Time: Monday, October 6 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

Adult Swim

Date and Time: Monday, October 6 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Tuesday, October 7, 2025

Women's Exercise Group

Date and Time: Tuesday, October 7 9:00 am - 10:00 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

Age Friendly Beginner Line Dancing

Date and Time: Tuesday, October 7 10:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free beginner line dancing classes. Registration is required. Bring a clean pair of indoor shoes and a water bottle.

Seniors Active Living Fair

Date and Time: Tuesday, October 7 10:00 am - 2:00 pm

Address: 640 Latchford St, Haileybury, ON P0J 1K0

Join us on October 7th from 10-2pm at Northern College for our Seniors Active Living Fair! Register with Alex before September 30th.

Adult Swim

Date and Time: Tuesday, October 7 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Committee of the Whole

Date and Time: Tuesday, October 7 3:00 pm

Address: 325 Farr Drive

Question and Answer Period is during Regular Council meetings. Questions must be submitted to questions@temiskamingshores.ca and received it by 3:00pm on the meeting day.

Note: Any correspondence sent to the Mayor and Council may be included in a Council agenda/package and become part of the public record. Comments or questions submitted via the City of Temiskaming Shores Facebook page, will not be considered, and the moderator of the live-streamed meeting may remove all comments.

For further information contact Logan Belanger, Municipal Clerk:

Phone | 705-672-3363 Ext. 4116

Email | lbelanger@temiskamingshores.ca

View the Council Meeting Agenda and Council Package on the city website at: <https://www.temiskamingshores.ca/en/city-hall/council-meetings.aspx#2025-Council-Packages>

Wednesday, October 8, 2025

Age Friendly Women's Mobility Class

Date and Time: Wednesday, October 8 9:00 am - 10:00 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free mobility exercise class for women. Bring a clean pair of indoor shoes, an exercise mat and a water bottle. Class takes place in the upstairs hall at the Shelley Herbert-Shea Memorial area in Haileybury.

Aquafitness

Date and Time: Wednesday, October 8 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

Indoor Pickleball

Date and Time: Wednesday, October 8 10:00 am - 12:00 pm

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment available. Bring a clean pair of indoor shoes.

Adult Swim

Date and Time: Wednesday, October 8 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Age Friendly Gentle Flow Yoga

Date and Time: Wednesday, October 8 1:15 pm - 2:15 pm

Address: Riverside Place or Dymond Community Hall

Free gentle flow yoga with instructor Jen Cote. Registration is required. Bring your own mat. Alex for location details.

Thursday, October 9, 2025

Women's Exercise Group

Date and Time: Thursday, October 9 9:00 am - 10:00 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

Temiskaming Shores Library Digital Literacy Sessions

Date and Time: Thursday, October 9 10:00 am - 3:00 pm

Address: 285 Whitewood Ave. West

The library's digital literacy sessions are for patrons looking to access help to learn how to use their e-readers, tablets, laptops and how to access online resources. Anyone can make an appointment to learn more about using their smart device. Staff will provide their knowledge and expertise to assist you, and if they are unable to address the issue, will provide guidance for patrons as to where they can go for additional services. Digital literacy session appointments are free, and run at 45-minutes intervals to provide specific one-on-one help addressing a patrons' specific question or troubleshooting issue. Call the library to book a session!

All Age Friendly Intermediate Line Dancing

Date and Time: Thursday, October 9 11:00 am - 12:00 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free intermediate level line dancing classes in the upstairs hall at the Shelley Herbert-Shea Memorial Arena in Haileybury. Bring a clean pair of indoor shoes and a water bottle. Registration is required.

Adult Swim

Date and Time: Thursday, October 9 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

All Age Friendly Chair Yoga

Date and Time: Thursday, October 9 2:00 pm - 3:00 pm

Address: Please contact for location.

Free chair yoga class with instructor Jen Cote. Class will be at the Riverside Place in New Liskeard or the Dymond Community Hall.

Friday, October 10, 2025

Aquafitness

Date and Time: Friday, October 10 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

Indoor Pickleball

Date and Time: Friday, October 10 9:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment available. Bring a clean pair of indoor shoes.

Adult Swim

Date and Time: Friday, October 10 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Age Friendly Skating

Date and Time: Friday, October 10 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Free skating at the Don Shepherdson Memorial Arena in New Liskeard. Bring your own equipment.

All Age Friendly Bowling

Date and Time: Friday, October 10 1:30 pm - 6:00 pm

Address: 331 Main Street, Haileybury, ON P0J 1K0

Seniors rate of \$3 which includes your shoe rental and games.

Tuesday, October 14, 2025

Women's Exercise Group

Date and Time: Tuesday, October 14 9:00 am - 10:00 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

Age Friendly Beginner Line Dancing

Date and Time: Tuesday, October 14 10:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free beginner line dancing classes. Registration is required. Bring a clean pair of indoor shoes and a water bottle.

Adult Swim

Date and Time: Tuesday, October 14 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Wednesday, October 15, 2025

Age Friendly Women's Mobility Class

Date and Time: Wednesday, October 15 9:00 am - 10:00 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free mobility exercise class for women. Bring a clean pair of indoor shoes, an exercise mat and a water bottle. Class takes place in the upstairs hall at the Shelley Herbert-Shea Memorial area in Haileybury.

Aquafitness

Date and Time: Wednesday, October 15 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

Indoor Pickleball

Date and Time: Wednesday, October 15 10:00 am - 12:00 pm

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment available. Bring a clean pair of indoor shoes.

Adult Swim

Date and Time: Wednesday, October 15 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Age Friendly Gentle Flow Yoga

Date and Time: Wednesday, October 15 1:15 pm - 2:15 pm

Address: Riverside Place or Dymond Community Hall

Free gentle flow yoga with instructor Jen Cote. Registration is required. Bring your own mat. Alex for location details.

Thursday, October 16, 2025

Women's Exercise Group

Date and Time: Thursday, October 16 9:00 am - 10:00 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

Temiskaming Shores Library Digital Literacy Sessions

Date and Time: Thursday, October 16 10:00 am - 3:00 pm

Address: 285 Whitewood Ave. West

The library's digital literacy sessions are for patrons looking to access help to learn how to use their e-readers, tablets, laptops and how to access online resources. Anyone can make an appointment to learn more about using their smart device. Staff will provide their knowledge and expertise to assist you, and if they are unable to address the issue, will provide guidance for patrons as to where they can go for additional services. Digital literacy session appointments are free, and run at 45-minutes intervals to provide specific one-on-one help addressing a patrons' specific question or troubleshooting issue. Call the library to book a session!

All Age Friendly Intermediate Line Dancing

Date and Time: Thursday, October 16 11:00 am - 12:00 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free intermediate level line dancing classes in the upstairs hall at the Shelley Herbert-Shea Memorial Arena in Haileybury. Bring a clean pair of indoor shoes and a water bottle. Registration is required.

Adult Swim

Date and Time: Thursday, October 16 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

All Age Friendly Chair Yoga

Date and Time: Thursday, October 16 2:00 pm - 3:00 pm

Address: Please contact for location.

Free chair yoga class with instructor Jen Cote. Class will be at the Riverside Place in New Liskeard or the Dymond Community Hall.

Friday, October 17, 2025

Aquafitness

Date and Time: Friday, October 17 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

Indoor Pickleball

Date and Time: Friday, October 17 9:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment available. Bring a clean pair of indoor shoes.

Adult Swim

Date and Time: Friday, October 17 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Age Friendly Skating

Date and Time: Friday, October 17 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Free skating at the Don Shepherdson Memorial Arena in New Liskeard. Bring your own equipment.

Monday, October 20, 2025

Aquafitness

Date and Time: Monday, October 20 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

Adult Swim

Date and Time: Monday, October 20 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Age Friendly Indoor Walking

Date and Time: Monday, October 20 1:00 pm - 3:00 pm

Address: 640 Latchford Street, Haileybury, ON P0J 1K0

Free indoor walking in the gymnasium at Northern College in Haileybury. Free parking. Bring a clean pair of indoor shoes and a water bottle.

Tuesday, October 21, 2025

Women's Exercise Group

Date and Time: Tuesday, October 21 9:00 am - 10:00 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

Age Friendly Beginner Line Dancing

Date and Time: Tuesday, October 21 10:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free beginner line dancing classes. Registration is required. Bring a clean pair of indoor shoes and a water bottle.

Adult Swim

Date and Time: Tuesday, October 21 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Regular Council Meeting

Date and Time: Tuesday, October 21 6:00 pm

Address: 325 Farr Drive

Question and Answer Period is during Regular Council meetings. Questions must be submitted to questions@temiskamingshores.ca. and received it by 3:00pm on the meeting day.

Note: Any correspondence sent to the Mayor and Council may be included in a Council agenda/package and become part of the public record. Comments or questions submitted via the City of Temiskaming Shores Facebook page, will not be considered, and the moderator of the live-streamed meeting may remove all comments.

For further information contact Logan Belanger, Municipal Clerk:

Phone | 705-672-3363 Ext. 4116

Email | lbelanger@temiskamingshores.ca

View the Council Meeting Agenda and Council Package on the city website at: <https://www.temiskamingshores.ca/en/city-hall/council-meetings.aspx#2025-Council-Packages>

Wednesday, October 22, 2025

Age Friendly Women's Mobility Class

Date and Time: Wednesday, October 22 9:00 am - 10:00 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free mobility exercise class for women. Bring a clean pair of indoor shoes, an exercise mat and a water bottle. Class takes place in the upstairs hall at the Shelley Herbert-Shea Memorial area in Haileybury.

Aquafitness

Date and Time: Wednesday, October 22 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

Indoor Pickleball

Date and Time: Wednesday, October 22 10:00 am - 12:00 pm

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment available. Bring a clean pair of indoor shoes.

Adult Swim

Date and Time: Wednesday, October 22 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Temiskaming Shores Public Library Board Monthly Meeting

Date and Time: Wednesday, October 22 7:00 pm - 9:00 pm

Address: 285 Whitewood Ave. West

The Temiskaming Shores Public Library Board holds monthly meetings on the fourth Wednesday of each month except in July, August and December. Meetings begin at 7:00 and are held at the Library in the Programming Room and via zoom. Contact the Library CEO at 705-647-4215 for more information.

Thursday, October 23, 2025

Women's Exercise Group

Date and Time: Thursday, October 23 9:00 am - 10:00 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

Age Friendly Indoor Walking

Date and Time: Thursday, October 23 9:00 am - 11:00 am

Address: 640 Latchford Street, Haileybury, ON P0J 1K0

Free indoor walking in the gymnasium at Northern College in Haileybury. Free parking. Bring a clean pair of indoor shoes and a water bottle.

Temiskaming Shores Library Digital Literacy Sessions

Date and Time: Thursday, October 23 10:00 am - 3:00 pm

Address: 285 Whitewood Ave. West

The library's digital literacy sessions are for patrons looking to access help to learn how to use their e-readers, tablets, laptops and how to access online resources. Anyone can make an appointment to learn more about using their smart device. Staff will provide their knowledge and expertise to assist you, and if they are unable to address the issue, will provide guidance for patrons as to where they can go for additional services. Digital literacy session appointments are free, and run at 45-minutes intervals to provide specific one-on-one help addressing a patrons' specific question or troubleshooting issue. Call the library to book a session!

All Age Friendly Intermediate Line Dancing

Date and Time: Thursday, October 23 11:00 am - 12:00 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free intermediate level line dancing classes in the upstairs hall at the Shelley Herbert-Shea Memorial Arena in Haileybury. Bring a clean pair of indoor shoes and a water bottle. Registration is required.

Adult Swim

Date and Time: Thursday, October 23 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

All Age Friendly Chair Yoga

Date and Time: Thursday, October 23 2:00 pm - 3:00 pm

Address: Please contact for location.

Free chair yoga class with instructor Jen Cote. Class will be at the Riverside Place in New Liskeard or the Dymond Community Hall.

Friday, October 24, 2025

Aquafitness

Date and Time: Friday, October 24 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

Indoor Pickleball

Date and Time: Friday, October 24 9:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment available. Bring a clean pair of indoor shoes.

Adult Swim

Date and Time: Friday, October 24 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Age Friendly Skating

Date and Time: Friday, October 24 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Free skating at the Don Shepherdson Memorial Arena in New Liskeard. Bring your own equipment.

All Age Friendly Bowling

Date and Time: Friday, October 24 1:30 pm - 6:00 pm

Address: 331 Main Street, Haileybury, ON P0J 1K0

Seniors rate of \$3 which includes your shoe rental and games.

Monday, October 27, 2025

Aquafitness

Date and Time: Monday, October 27 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

Adult Swim

Date and Time: Monday, October 27 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Age Friendly Indoor Walking

Date and Time: Monday, October 27 1:00 pm - 3:00 pm

Address: 640 Latchford Street, Haileybury, ON P0J 1K0

Free indoor walking in the gymnasium at Northern College in Haileybury. Free parking. Bring a clean pair of indoor shoes and a water bottle.

Tuesday, October 28, 2025

Women's Exercise Group

Date and Time: Tuesday, October 28 9:00 am - 10:00 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

Age Friendly Beginner Line Dancing

Date and Time: Tuesday, October 28 10:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free beginner line dancing classes. Registration is required. Bring a clean pair of indoor shoes and a water bottle.

Adult Swim

Date and Time: Tuesday, October 28 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Wednesday, October 29, 2025

Age Friendly Women's Mobility Class

Date and Time: Wednesday, October 29 9:00 am - 10:00 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free mobility exercise class for women. Bring a clean pair of indoor shoes, an exercise mat and a water bottle. Class takes place in the upstairs hall at the Shelley Herbert-Shea Memorial area in Haileybury.

Aquafitness

Date and Time: Wednesday, October 29 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

Indoor Pickleball

Date and Time: Wednesday, October 29 10:00 am - 12:00 pm

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment available. Bring a clean pair of indoor shoes.

Adult Swim

Date and Time: Wednesday, October 29 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Age Friendly Gentle Flow Yoga

Date and Time: Wednesday, October 29 1:15 pm - 2:15 pm

Address: Riverside Place or Dymond Community Hall

Free gentle flow yoga with instructor Jen Cote. Registration is required. Bring your own mat. Alex for location details.

Thursday, October 30, 2025

Women's Exercise Group

Date and Time: Thursday, October 30 9:00 am - 10:00 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

Age Friendly Indoor Walking

Date and Time: Thursday, October 30 9:00 am - 11:00 am

Address: 640 Latchford Street, Haileybury, ON P0J 1K0

Free indoor walking in the gymnasium at Northern College in Haileybury. Free parking. Bring a clean pair of indoor shoes and a water bottle.

Temiskaming Shores Library Digital Literacy Sessions

Date and Time: Thursday, October 30 10:00 am - 3:00 pm

Address: 285 Whitewood Ave. West

The library's digital literacy sessions are for patrons looking to access help to learn how to use their e-readers, tablets, laptops and how to access online resources. Anyone can make an appointment to learn more about using their smart device. Staff will provide their knowledge and expertise to assist you, and if they are unable to address the issue, will provide guidance for patrons as to where they can go for additional services. Digital literacy session appointments are free, and run at 45-minutes intervals to provide specific one-on-one help addressing a patrons' specific question or troubleshooting issue. Call the library to book a session!

All Age Friendly Intermediate Line Dancing

Date and Time: Thursday, October 30 11:00 am - 12:00 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free intermediate level line dancing classes in the upstairs hall at the Shelley Herbert-Shea Memorial Arena in Haileybury. Bring a clean pair of indoor shoes and a water bottle. Registration is required.

Adult Swim

Date and Time: Thursday, October 30 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

All Age Friendly Chair Yoga

Date and Time: Thursday, October 30 2:00 pm - 3:00 pm

Address: Please contact for location.

Free chair yoga class with instructor Jen Cote. Class will be at the Riverside Place in New Liskeard or the Dymond Community Hall.

Friday, October 31, 2025

Aquafitness

Date and Time: Friday, October 31 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

Adult Swim

Date and Time: Friday, October 31 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim/lane swim at the Waterfront Pool and Fitness Centre. \$4.50 drop-in fee for older adults.

Age Friendly Skating

Date and Time: Friday, October 31 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Free skating at the Don Shepherdson Memorial Arena in New Liskeard. Bring your own equipment.

<https://calendar.temiskamingshores.ca>