

Week of May 11, 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15	16	17
	<u>Aquafit</u> 9:00 am - 9:45 am <u>Adult Swim</u> 12:00 pm - 1:30 pm	<u>Aquafit</u> 8:15 am - 9:00 am <u>Age Friendly Women's Exercise Class</u> 9:00 am - 10:30 am <u>Age Friendly Beginner Line Dancing</u> 10:00 am - 11:00 am <u>From Soup To Tomatoes Senior Exercise Class</u> 11:15 am - 11:45 am <u>Adult Swim</u> 12:00 pm - 1:30 pm	<u>All Age Friendly Outdoor Pickleball</u> 8:30 am - 11:00 am <u>Women's Mobility Class</u> 9:00 am - 10:30 am <u>Aquafit</u> 9:00 am - 9:45 am <u>Temiskaming Shores Library Spring Preschool Storytime</u> 10:30 am - 11:00 am <u>Age Friendly Gentle Flow Yoga</u> 12:00 pm - 1:00 pm <u>Adult Swim</u> 12:00 pm - 1:30 pm	<u>Aquafit</u> 8:15 am - 9:00 am <u>Age Friendly Women's Exercise Class</u> 9:00 am - 10:30 am <u>Temiskaming Shores Library Digital Literacy Sessions</u> 10:00 am - 3:00 pm <u>Age Friendly Intermediate Line Dancing</u> 11:00 am - 12:00 pm <u>From Soup To Tomatoes Senior Exercise Class</u> 11:15 am - 11:45 am <u>Adult Swim</u> 12:00 pm - 1:30 pm <u>Age Friendly Chair Yoga</u> 2:00 pm - 3:00 pm	<u>All Age Friendly Outdoor Pickleball</u> 8:30 am - 11:00 am <u>Aquafit</u> 9:00 am - 9:45 am <u>Adult Swim</u> 12:00 pm - 1:30 pm	<u>Temiskaming Shores Library Family Storytime</u> 10:30 am - 11:15 am <u>Temiskaming Shores Public Library Junior Reading Club</u> 1:00 pm - 2:00 pm

End Date: 05/17/2025
Start Date: 05/11/2025

<https://calendar.temiskamingshores.ca>