Monday, March 31, 2025

Aquafitness

Date and Time: Monday, March 31 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Drop-in fee \$7.01.

Adult Swim

Date and Time: Monday, March 31 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, On P0J 1P0

Adult swim at the Waterfront Pool and Fitness Centre. Must be 18+yrs. Drop-in rate for older adults is \$4.50.

Indoor Walking

Date and Time: Monday, March 31 1:00 pm - 3:00 pm

Address: 640 Latchford Street, Haileybury, ON P0J 1K0

Join us for free indoor walking in the gymnasium at Northern College in Haileybury. Free parking. Bring a clea n pair of indoor shoes and a water bottle.

Tuesday, April 1, 2025

Women's Exercise Class

Date and Time: Tuesday, April 1 9:00 am - 10:30 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class, upstairs hall at the Haileybury Arena. Bring a clean pair of indoor shoes, a water b ottle and a mat. Registration is required.

Age Friendly Beginner Line Dancing

Date and Time: Tuesday, April 1 10:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON

Free beginner line dancing classes. Bring a clean pair of indoor shoes and a water bottle. Registration is require d.

From Soup To Tomatoes Senior Exercise Class

Date and Time: Tuesday, April 1 11:15 am - 11:45 am

Address: 285 Whitewood Ave. West

Are you hoping you can keep your strength and stay independent? Do you struggle with mobility, standing, regular exercise? Would you enjoy social time with others?

From Soup to Tomatoes is a free seniors chair-based exercise class that takes place on Tuesdays and Thursdays at the Tem iskaming Shores Public Library. This is a program implemented by Northeastern Public Health and led by a local volunteer. The Spring term begins on Tuesday, April 1, from 11:15 to 11:45 a.m. Classes occur each Tuesday and Thursday except on Tuesday, May 6 and Thursday, May 8, until Thursday, May 27. Free Therabands are provided, and there is no need to regis ter for this drop in program. For more information, contact Eleanor Katona at 705-647-8002.

Adult Swim

Date and Time: Tuesday, April 1 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim at the Waterfront Pool and Fitness Centre. Must 18yrs+. \$4.50 for seniors

Committee of the Whole

Date and Time: Tuesday, April 1 3:00 pm

Address: 325 Farr Drive

Question and Answer Period is during Regular Council meetings. Questions must be submitted to questions @temiskamingshores.ca. and received it by 3:00pm on the meeting day.

Note: Any correspondence sent to the Mayor and Council may be included in a Council agenda/package and be come part of the public record. Comments or questions submitted via the City of Temiskaming Shores Faceboo k page, will not be considered, and the moderator of the live-streamed meeting may remove all comments.

For further information contact Logan Belanger, Municipal Clerk: Phone | 705-672-3363 Ext. 4116 Email | lbelanger@temiskamingshores.ca

View the Council Meeting Agenda and Council Package on the city website at: <u>https://www.temiskamingshores</u>.ca/en/city-hall/council-meetings.aspx#2025-Council-Packages

Wednesday, April 2, 2025

Proclamation - World Autism Day

Date and Time: Wednesday, April 2 8:00 am

Address: 325 Farr Drive

Proclamations are ceremonial documents issued and signed by the Mayor on behalf of Temiskaming Shores Cit y Council, to officially recognize the importance of particular days, weeks or months.

The Council for the City of Temsiakming Shores herby proclaims and respectfully acknoledges the importance of honouring April 2, 2025 as "World Autism Day" in the City of Temiskmaing Shores.

Visit the city website for a list of proclamation dates: <u>https://www.temiskamingshores.ca/en/resident.aspx</u>

Women's Mobility Class

Date and Time: Wednesday, April 2 9:00 am - 10:30 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's mobility class (mix of yoga and stretching). Bring a clean pair of indoor shoes, water bottle and a mat. Registration is required.

Aquafitness

Date and Time: Wednesday, April 2 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Aquafitness class at the Waterfront Pool and Fitness Centre. \$7.01 for a drop-in.

Temiskaming Shores Library Spring Preschool Storytime

Date and Time: Wednesday, April 2 10:30 am - 11:00 am

Address: 285 Whitewood Ave. West

The Temiskaming Shores Public Library is always happy when Spring Preschool Storytime is on our calendar again. This is a true sign of spring! Every Wednesday morning in April and May from 10:30 to 11:00 preschoolers and their grown ups gat her for stories, songs and so much more. This is a fun, social and interactive early literacy program and it is also a free drop -in program which means no registration required. For more information call 705-647-4215 or email info@temisklibrary.com

Flag Raising - Autism Ontario Flag

Date and Time: Wednesday, April 2 11:00 am

Address: 325 Farr Drive

The City of Temiskaming Shores is raising the Autism Ontario Flag at City Hall on April 2, 2025 in support of World Autsim Day.

Visit the city website for a list of flags raising dates: <u>https://www.temiskamingshores.ca/en/resident.aspx#Flag-Raising</u>

Age Friendly Gentle Yoga

Date and Time: Wednesday, April 2 12:00 pm - 1:00 pm

Address: 181 Drive in Theatre Road, New Liskeard, ON P0J 1P0

Free gentle yoga class for older adults, with Jen Cote. Bring your yoga mat. At the Dymond Community Hall

Adult Swim

Date and Time: Wednesday, April 2 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim at the Waterfront Pool and Fitness Centre. Must 18yrs+. \$4.50 for seniors

Age Friendly Skating

Date and Time: Wednesday, April 2 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Free skating for older adults at the Don Shepherdson Memorial Arena in New Liskeard. Bring your own equip ment.

Thursday, April 3, 2025

Indoor Walking

Date and Time: Thursday, April 3 9:00 am - 11:00 am

Address: 640 Latchford Street, Haileybury, ON P0J 1K0

Free indoor walking in the gymnasium at Northern College in Haileybury. Bring a clean pair of indoor shoes an d a water bottle. Free parking.

Women's Exercise Class

Date and Time: Thursday, April 3 9:00 am - 10:30 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class, upstairs hall at the Haileybury Arena. Bring a clean pair of indoor shoes, a water b ottle and a mat. Registration is required.

Temiskaming Shores Library Digital Literacy Sessions

Date and Time: Thursday, April 3 10:00 am - 3:00 pm

Address: 285 Whitewood Ave. West

The library's digital literacy sessions are for patrons looking to access help to learn how to use their e-readers, t ablets, laptops and how to access online resources. Anyone can make an appointment to learn more about usin g their smart device. Staff will provide their knowledge and expertise to assist you, and if they are unable to add ress the issue, will provide guidance for patrons as to where they can go for additional services. Digital literacy session appointments are free, and run at 45-minutes intervals to provide specific one-on-one help addressing a patrons' specific question or troubleshooting issue. Call the library to book a session!

Age Friendly Intermediate Line Dancing

Date and Time: Thursday, April 3 11:00 am - 12:00 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free intermediate level line dancing classes in the upstairs hall at the Shelley Herbert-Shea Memorial Arena in Haileybury. Bring a clean pair of indoor shoes and a water bottle. Registration is required.

From Soup To Tomatoes Senior Exercise Class

Date and Time: Thursday, April 3 11:15 am - 11:45 am

Address: 285 Whitewood Ave. West

Are you hoping you can keep your strength and stay independent? Do you struggle with mobility, standing, regular exercise? Would you enjoy social time with others?

From Soup to Tomatoes is a free seniors chair-based exercise class that takes place on Tuesdays and Thursdays at the Tem iskaming Shores Public Library. This is a program implemented by Northeastern Public Health and led by a local volunteer. The Spring term begins on Tuesday, April 1, from 11:15 to 11:45 a.m. Classes occur each Tuesday and Thursday except on Tuesday, May 6 and Thursday, May 8, until Thursday, May 27. Free Therabands are provided, and there is no need to regis ter for this drop in program. For more information, contact Eleanor Katona at 705-647-8002.

Adult Swim

Date and Time: Thursday, April 3 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult swim at the Waterfront Pool and Fitness Centre. Must 18yrs+. \$4.50 for seniors

Age Friendly Chair Yoga

Date and Time: Thursday, April 3 2:00 pm - 3:00 pm

Address: 55 Riverside Drive, New Liskeard, ON P0J 1P0

Free chair yoga class with Jen Cote at the Riverside Place in New Liskeard. Bring a clean pair of indoor shoes a nd a water bottle. Registration is required.

Friday, April 4, 2025

Indoor Pickleball

Date and Time: Friday, April 4 9:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment provided. Bring a clean pair of indoor shoes and a water bottle.

Aquafitness

Date and Time: Friday, April 4 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Aquafitness class at the Waterfront Pool and Fitness Centre. \$7.01 for a drop-in.

Temiskaming Shores Library Financial Literacy for Youth Workshop: Needs and Wants

Date and Time: Friday, April 4 10:30 am - 11:30 am

Address: 285 Whitewood Ave. West

The Temiskaming Shores Public Library is very pleased to present the first in a series of Financial Literacy Workshops here at the library. This first program is focusing on NEEDS & WANTS and is geared towards children in grades 4 to 6 and will be presented by a local volunteer CPA. The workshop will be taking place on Friday April 4, 2025 (a PA Day for schools) fr om 10:30 to 11:30 in the library's programming room. Through interactive activities, children will gain a better understanding of money matters and how to get started towards a financially bright future. For more information or to register your child(r en) for this free program, call 705-647-4215 or email us at info@temisklibrary.com.

Adult Swim

Date and Time: Friday, April 4 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Saturday, April 5, 2025

Temiskaming Shores Public Library Junior Reading Club

Date and Time: Saturday, April 5 1:00 pm - 2:00 pm

Address: 285 Whitewood Ave. West

The Temiskaming Shores Public Library has a Junior Reading Club. This is a group of young people between the ages of 8 and 12 who enjoy reading and like to book-talk about what they're reading without giving away any spoilers. This is a great way to enjoy spending time with like-minded peers and perhaps find some great new authors/stories to dive into. If you're i nterested in joining the group give the library a call at 705-647-4215 for more information.

https://calendar.temiskamingshores.ca