

## Monday, March 24, 2025

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### Aquafitness

Date and Time: Monday, March 24 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Drop-in fee \$7.01.

### Adult Swim

Date and Time: Monday, March 24 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, On P0J 1P0

Adult swim at the Waterfront Pool and Fitness Centre. Must be 18+yrs. Drop-in rate for older adults is \$4.50.

## Tuesday, March 25, 2025

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### Women's Exercise Class

Date and Time: Tuesday, March 25 9:00 am - 10:30 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class, in the upstairs hall at the Haileybury Arena. Run by a volunteer. Bring your own mat, indoor shoes and a water bottle. Registration is required by contacting Lynn.

### Beginner Line Dancing

Date and Time: Tuesday, March 25 10:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Beginner line dancing classes at the New Liskeard Community Hall. Registration required by contacting Lynn. Bring a clean pair of indoor shoes and a water bottle.

### Adult Swim

Date and Time: Tuesday, March 25 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, On P0J 1P0

Adult swim at the Waterfront Pool and Fitness Centre. Must be 18+yrs. Drop-in rate for older adults is \$4.50.

## **Wednesday, March 26, 2025**

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### **Proclamation - Purple Day**

Date and Time: Wednesday, March 26 8:30 am

Address: 325 Farr Drive

Proclamations are ceremonial documents issued and signed by the Mayor on behalf of Temiskaming Shores City Council, to officially recognize the importance of particular days, weeks or months.

The Council for the City of Temiskaming Shores hereby proclaims and respectfully acknowledges the importance of honouring March 26, 2005 as "Purple Day" in the City of Temiskaming Shores.

Visit the city website for a list of proclamation dates: <https://www.temiskamingshores.ca/en/resident.aspx>

### **Women's Mobility Class**

Date and Time: Wednesday, March 26 9:00 am - 10:30 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's mobility class in the upstairs hall at the Haileybury Arena. Run by a volunteer. Bring your mat, clean pair of indoor shoes and a water bottle. Registration is required by contacting Lynn.

### **Aquafitness**

Date and Time: Wednesday, March 26 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Drop-in fee \$7.01.

### **Adult Swim**

Date and Time: Wednesday, March 26 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, On P0J 1P0

Adult swim at the Waterfront Pool and Fitness Centre. Must be 18+yrs. Drop-in rate for older adults is \$4.50.

### **Age Friendly Gentle Yoga**

Date and Time: Wednesday, March 26 12:00 pm - 1:00 pm

Address: 55 Riverside Drive, New Liskeard, ON P0J 1P0

Free gentle flow yoga class with Jen Cote. Bring your own mat.

## **Age Friendly Skating**

Date and Time: Wednesday, March 26 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Free age friendly skating at the Don Shepherdson Memorial Arena in New Liskeard.

## **Temiskaming Shores Public Library Board Monthly Meeting**

Date and Time: Wednesday, March 26 7:00 pm - 9:00 pm

Address: 285 Whitewood Ave. West

The Temiskaming Shores Public Library Board holds monthly meetings on the fourth Wednesday of each month except in July, August and December. Meetings begin at 7:00 and are held at the Library in the Programming Room and via zoom. Contact the Library CEO at 705-647-4215 for more information.

## **Thursday, March 27, 2025**

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### **Women's Exercise Class**

Date and Time: Thursday, March 27 9:00 am - 10:30 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class, in the upstairs hall at the Haileybury Arena. Run by a volunteer. Bring your own mat, indoor shoes and a water bottle. Registration is required by contacting Lynn.

### **Temiskaming Shores Library Digital Literacy Sessions**

Date and Time: Thursday, March 27 10:00 am - 3:00 pm

Address: 285 Whitewood Ave. West

The library's digital literacy sessions are for patrons looking to access help to learn how to use their e-readers, tablets, laptops and how to access online resources. Anyone can make an appointment to learn more about using their smart device. Staff will provide their knowledge and expertise to assist you, and if they are unable to address the issue, will provide guidance for patrons as to where they can go for additional services. Digital literacy session appointments are free, and run at 45-minute intervals to provide specific one-on-one help addressing a patron's specific question or troubleshooting issue. Call the library to book a session!

## **Age Friendly Intermediate Line Dancing**

Date and Time: Thursday, March 27 11:00 am - 12:00 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free intermediate level line dancing classes, upstairs hall at the Shelley Herbert-Shea Memorial Arena in Haileybury. Registration is required. Bring a clean pair of indoor shoes and a water bottle

## **Adult Swim**

Date and Time: Thursday, March 27 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, On P0J 1P0

Adult swim at the Waterfront Pool and Fitness Centre. Must be 18+yrs. Drop-in rate for older adults is \$4.50.

## **Age Friendly Chair Yoga**

Date and Time: Thursday, March 27 2:00 pm - 3:00 pm

Address: 181 Drive In Theatre Road, New Liskeard, ON P0J 1P0

Free chair yoga class with Jen Cote at the Dymond Community Hall. Bring a clean pair of indoor shoes and a water bottle. Registration is required.

## **Friday, March 28, 2025**

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### **Indoor Pickleball**

Date and Time: Friday, March 28 9:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball for all levels. Equipment is provided. Bring a clean pair of indoor shoes and a water bottle.

### **Aquafitness**

Date and Time: Friday, March 28 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Drop-in fee \$7.01.

## **Adult Swim**

Date and Time: Friday, March 28 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, On P0J 1P0

Adult swim at the Waterfront Pool and Fitness Centre. Must be 18+yrs. Drop-in rate for older adults is \$4.50.

## **Age Friendly Bowling**

Date and Time: Friday, March 28 1:30 pm - 3:00 pm

Address: 331 Main Street, Haileybury, ON P0J 1K0

\$3 for older adults, includes shoe rental and games.

## **Saturday, March 29, 2025**

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### **One Light Diversity Centre - Colours of Winter**

Date and Time: Saturday, March 29 4:00 pm

Address: Hudson TWP

For information visit the event page. <https://www.facebook.com/onelight.diversity>

<https://calendar.temiskamingshores.ca>