# Friday, January 3, 2025

#### **Indoor Pickleball**

Date and Time: Friday, January 3 9:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment provided (paddles, net, balls). Bring a clean pair of indoor shoes and a water bottle.

### **Age Friendly Skating**

Date and Time: Friday, January 3 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Bring your skates and helmet and come enjoy some free skating at the Don Shepherdson Memorial Arena in Ne w Liskeard.

# Monday, January 6, 2025

# Aquafitness

Date and Time: Monday, January 6 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

#### **Adult Swim**

Date and Time: Monday, January 6 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

## **Indoor Walking**

Date and Time: Monday, January 6 1:00 pm - 3:00 pm

Address: 640 Latchford Street, Haileybury, ON P0J 1K0

Join us for free indoor walking in the gymnasium at Northern College in Haileybury. Bring a clean pair of indo or shoes and a water bottle.

# Tuesday, January 7, 2025

#### **Women's Exercise Class**

Date and Time: Tuesday, January 7 9:00 am - 10:30 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

### **Age Friendly Beginner Line Dancing**

Date and Time: Tuesday, January 7 10:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free beginner line dancing classes. Registration is required. Bring a clean pair of indoor shoes and a water bottl e.

#### **Adult Swim**

Date and Time: Tuesday, January 7 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

# Wednesday, January 8, 2025

## Aquafitness

Date and Time: Wednesday, January 8 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

## **Women's Mobility Class**

Date and Time: Wednesday, January 8 9:00 am - 10:30 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free mobility class for women, upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat , clean pair of indoor shoes and a water bottle.

#### **Adult Swim**

Date and Time: Wednesday, January 8 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

### **Age Friendly Skating**

Date and Time: Wednesday, January 8 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Free skating at the New Liskeard Arena. Bring your own skates and helmets are strongly recommended.

# Thursday, January 9, 2025

## **Indoor Walking**

Date and Time: Thursday, January 9 9:00 am - 11:00 am

Address: 640 Latchford Street, Haileybury, ON P0J 1K0

Free indoor walking in the gymnasium at Northern College in Haileybury. Bring a clean pair of indoor shoes an da water bottle.

#### **Women's Exercise Class**

Date and Time: Thursday, January 9 9:00 am - 10:30 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

# **Digital Literacy Sessions**

Date and Time: Thursday, January 9 10:00 am - 3:00 pm

Address: 285 Whitewood Ave. West

The library's digital literacy sessions are for patrons looking to access help to learn how to use their e-readers, t ablets, laptops and how to access online resources. Anyone can make an appointment to learn more about usin g their smart device. Staff will provide their knowledge and expertise to assist you, and if they are unable to add ress the issue, will provide guidance for patrons as to where they can go for additional services. Digital literacy session appointments are free, and run at 45-minutes intervals to provide specific one-on-one help addressing a patrons' specific question or troubleshooting issue. Call the library to book a session!

### **Age Friendly Intermediate Line Dancing**

Date and Time: Thursday, January 9 11:00 am - 12:00 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free intermediate line dancing classes. Registration is required. Upstairs hall at the Haileybury Arena. Bring a c lean pair of indoor shoes and a water bottle.

#### **Adult Swim**

Date and Time: Thursday, January 9 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

### **Chair Yoga**

Date and Time: Thursday, January 9 2:00 pm - 3:00 pm

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free chair yoga class. Registration is required. At the New Liskeard Community Hall.

# Friday, January 10, 2025

#### **Indoor Pickleball**

Date and Time: Friday, January 10 9:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment provided (paddles, net, balls). Bring a clean pair of indoor shoes and a water bottle.

# Aquafitness

Date and Time: Friday, January 10 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

### **Adult Swim**

Date and Time: Friday, January 10 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

### **Age Friendly Bowling**

Date and Time: Friday, January 10 1:30 pm - 3:00 pm

Address: 331 Main Street, Haileybury, ON P0J 1K0

Seniors rate of \$3 which includes your shoe rental and games.

# Monday, January 13, 2025

# Aquafitness

Date and Time: Monday, January 13 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

#### **Adult Swim**

Date and Time: Monday, January 13 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

## **Indoor Walking**

Date and Time: Monday, January 13 1:00 pm - 3:00 pm

Address: 640 Latchford Street, Haileybury, ON P0J 1K0

Join us for free indoor walking in the gymnasium at Northern College in Haileybury. Bring a clean pair of indo or shoes and a water bottle.

# Tuesday, January 14, 2025

#### Women's Exercise Class

Date and Time: Tuesday, January 14 9:00 am - 10:30 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

### **Age Friendly Beginner Line Dancing**

Date and Time: Tuesday, January 14 10:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free beginner line dancing classes. Registration is required. Bring a clean pair of indoor shoes and a water bottl e.

#### **Adult Swim**

Date and Time: Tuesday, January 14 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

# Wednesday, January 15, 2025

## Aquafitness

Date and Time: Wednesday, January 15 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

## **Women's Mobility Class**

Date and Time: Wednesday, January 15 9:00 am - 10:30 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free mobility class for women, upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat , clean pair of indoor shoes and a water bottle.

#### **Adult Swim**

Date and Time: Wednesday, January 15 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

### **Age Friendly Skating**

Date and Time: Wednesday, January 15 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Free skating at the New Liskeard Arena. Bring your own skates and helmets are strongly recommended.

# Thursday, January 16, 2025

## **Indoor Walking**

Date and Time: Thursday, January 16 9:00 am - 11:00 am

Address: 640 Latchford Street, Haileybury, ON P0J 1K0

Free indoor walking in the gymnasium at Northern College in Haileybury. Bring a clean pair of indoor shoes an d a water bottle.

#### **Women's Exercise Class**

Date and Time: Thursday, January 16 9:00 am - 10:30 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

### **Digital Literacy Sessions**

Date and Time: Thursday, January 16 10:00 am - 3:00 pm

Address: 285 Whitewood Ave. West

The library's digital literacy sessions are for patrons looking to access help to learn how to use their e-readers, t ablets, laptops and how to access online resources. Anyone can make an appointment to learn more about usin g their smart device. Staff will provide their knowledge and expertise to assist you, and if they are unable to add ress the issue, will provide guidance for patrons as to where they can go for additional services. Digital literacy session appointments are free, and run at 45-minutes intervals to provide specific one-on-one help addressing a patrons' specific question or troubleshooting issue. Call the library to book a session!

## **Age Friendly Intermediate Line Dancing**

Date and Time: Thursday, January 16 11:00 am - 12:00 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free intermediate line dancing classes. Registration is required. Upstairs hall at the Haileybury Arena. Bring a c lean pair of indoor shoes and a water bottle.

#### **Adult Swim**

Date and Time: Thursday, January 16 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

### **Chair Yoga**

Date and Time: Thursday, January 16 2:00 pm - 3:00 pm

Address: 55 Riverside Drive, New Liskeard, ON P0J 1P0

Free chair yoga class. Registration is required. At the Riverside Place in New Liskeard.

# Friday, January 17, 2025

### **Indoor Pickleball**

Date and Time: Friday, January 17 9:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment provided (paddles, net, balls). Bring a clean pair of indoor shoes and a water bottle.

## **Aquafitness**

Date and Time: Friday, January 17 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

#### **Adult Swim**

Date and Time: Friday, January 17 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

### **Age Friendly Skating**

Date and Time: Friday, January 17 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Bring your skates and helmet and come enjoy some free skating at the Don Shepherdson Memorial Arena in Ne w Liskeard.

## **Age Friendly Curling**

Date and Time: Friday, January 17 1:00 pm - 2:00 pm

Address: 11 May Street South, New Liskeard, ON P0J 1P0

Free curling for older adults. Registration is required. Bring a clean pair of indoor shoes.

# Monday, January 20, 2025

## Aquafitness

Date and Time: Monday, January 20 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

#### **Adult Swim**

Date and Time: Monday, January 20 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

### **Indoor Walking**

Date and Time: Monday, January 20 1:00 pm - 3:00 pm

Address: 640 Latchford Street, Haileybury, ON P0J 1K0

Join us for free indoor walking in the gymnasium at Northern College in Haileybury. Bring a clean pair of indo or shoes and a water bottle.

# Tuesday, January 21, 2025

#### **Women's Exercise Class**

Date and Time: Tuesday, January 21 9:00 am - 10:30 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

### **Age Friendly Beginner Line Dancing**

Date and Time: Tuesday, January 21 10:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free beginner line dancing classes. Registration is required. Bring a clean pair of indoor shoes and a water bottle

#### **Adult Swim**

Date and Time: Tuesday, January 21 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

# Wednesday, January 22, 2025

## Aquafitness

Date and Time: Wednesday, January 22 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

### **Women's Mobility Class**

Date and Time: Wednesday, January 22 9:00 am - 10:30 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free mobility class for women, upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat , clean pair of indoor shoes and a water bottle.

#### **Adult Swim**

Date and Time: Wednesday, January 22 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

### **Age Friendly Skating**

Date and Time: Wednesday, January 22 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Free skating at the New Liskeard Arena. Bring your own skates and helmets are strongly recommended.

## **Temiskaming Shores Public Library Board Monthy Meeting**

Date and Time: Wednesday, January 22 7:00 pm - 9:00 pm

Address: 285 Whitewood Ave. West

The Temiskaming Shores Public Library Board holds monthly meetings on the fourth Wednesday of each month except in July, August and December. Meetings begin at 7:00 and are held at the Library in the Programming R oom and via zoom. Contact the Library CEO at 705-647-4215 for more information.

## Thursday, January 23, 2025

## **Indoor Walking**

Date and Time: Thursday, January 23 9:00 am - 11:00 am

Address: 640 Latchford Street, Haileybury, ON P0J 1K0

Free indoor walking in the gymnasium at Northern College in Haileybury. Bring a clean pair of indoor shoes an d a water bottle.

#### **Women's Exercise Class**

Date and Time: Thursday, January 23 9:00 am - 10:30 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

### **Digital Literacy Sessions**

Date and Time: Thursday, January 23 10:00 am - 3:00 pm

Address: 285 Whitewood Ave. West

The library's digital literacy sessions are for patrons looking to access help to learn how to use their e-readers, t ablets, laptops and how to access online resources. Anyone can make an appointment to learn more about usin g their smart device. Staff will provide their knowledge and expertise to assist you, and if they are unable to add ress the issue, will provide guidance for patrons as to where they can go for additional services. Digital literacy session appointments are free, and run at 45-minutes intervals to provide specific one-on-one help addressing a patrons' specific question or troubleshooting issue. Call the library to book a session!

## **Age Friendly Intermediate Line Dancing**

Date and Time: Thursday, January 23 11:00 am - 12:00 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free intermediate line dancing classes. Registration is required. Upstairs hall at the Haileybury Arena. Bring a c lean pair of indoor shoes and a water bottle.

#### **Adult Swim**

Date and Time: Thursday, January 23 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

## **Chair Yoga**

Date and Time: Thursday, January 23 2:00 pm - 3:00 pm

Address: 55 Riverside Drive, New Liskeard, ON P0J 1P0

Free chair yoga class. Registration is required. At the Riverside Place in New Liskeard.

# Friday, January 24, 2025

#### **Indoor Pickleball**

Date and Time: Friday, January 24 9:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment provided (paddles, net, balls). Bring a clean pair of indoor shoes and a water bottle.

### **Aquafitness**

Date and Time: Friday, January 24 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

#### **Adult Swim**

Date and Time: Friday, January 24 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

## **Age Friendly Skating**

Date and Time: Friday, January 24 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Bring your skates and helmet and come enjoy some free skating at the Don Shepherdson Memorial Arena in Ne w Liskeard.

# **Age Friendly Bowling**

Date and Time: Friday, January 24 1:30 pm - 3:00 pm

Address: 331 Main Street, Haileybury, ON P0J 1K0

Seniors rate of \$3 which includes your shoe rental and games.

# Saturday, January 25, 2025

### **Temiskaming Shores Library Winter Family Storytime**

Date and Time: Saturday, January 25 10:30 am - 11:15 am

Address: 285 Whitewood Ave. West

The Temiskaming Shores Public Library is pleased to present our Winter Family Storytime for 2025. We'll be meeting in the library's Programming Room on Saturdays from 10:30 to 11:15 on January 25<sup>th</sup>, February 22<sup>nd</sup> and March 22<sup>nd</sup>. Gather you r family, from grandparents to grandchildren and come on in, get comfy and listen to a handful of picture books being read aloud. You can then spend a while choosing books to borrow on your library card from our extensive collection. Books for the whole family! We also have boardgames, puzzles, movies and more. Come and see for yourself all the wonderful things that tiny little library card has access to. No need to register for this free drop in program!

# Monday, January 27, 2025

### **Aquafitness**

Date and Time: Monday, January 27 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

#### **Adult Swim**

Date and Time: Monday, January 27 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

### **Indoor Walking**

Date and Time: Monday, January 27 1:00 pm - 3:00 pm

Address: 640 Latchford Street, Haileybury, ON P0J 1K0

Join us for free indoor walking in the gymnasium at Northern College in Haileybury. Bring a clean pair of indo or shoes and a water bottle.

# Tuesday, January 28, 2025

### **Women's Exercise Class**

Date and Time: Tuesday, January 28 9:00 am - 10:30 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

### **Age Friendly Beginner Line Dancing**

Date and Time: Tuesday, January 28 10:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free beginner line dancing classes. Registration is required. Bring a clean pair of indoor shoes and a water bottl e.

#### **Adult Swim**

Date and Time: Tuesday, January 28 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

# Wednesday, January 29, 2025

### Aquafitness

Date and Time: Wednesday, January 29 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

### **Women's Mobility Class**

Date and Time: Wednesday, January 29 9:00 am - 10:30 am

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free mobility class for women, upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat , clean pair of indoor shoes and a water bottle.

#### **Adult Swim**

Date and Time: Wednesday, January 29 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

### **Age Friendly Skating**

Date and Time: Wednesday, January 29 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Free skating at the New Liskeard Arena. Bring your own skates and helmets are strongly recommended.

## Thursday, January 30, 2025

### **Indoor Walking**

Date and Time: Thursday, January 30 9:00 am - 11:00 am

Address: 640 Latchford Street, Haileybury, ON P0J 1K0

Free indoor walking in the gymnasium at Northern College in Haileybury. Bring a clean pair of indoor shoes an d a water bottle.

#### Women's Exercise Class

Date and Time: Thursday, January 30 9:00 am - 10:30 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free women's exercise class upstairs at the Haileybury Arena. Registration is required. Bring an exercise mat, a clean pair of indoor shoes and a water bottle.

## **Digital Literacy Sessions**

Date and Time: Thursday, January 30 10:00 am - 3:00 pm

Address: 285 Whitewood Ave. West

The library's digital literacy sessions are for patrons looking to access help to learn how to use their e-readers, t ablets, laptops and how to access online resources. Anyone can make an appointment to learn more about usin g their smart device. Staff will provide their knowledge and expertise to assist you, and if they are unable to add ress the issue, will provide guidance for patrons as to where they can go for additional services. Digital literacy session appointments are free, and run at 45-minutes intervals to provide specific one-on-one help addressing a patrons' specific question or troubleshooting issue. Call the library to book a session!

### **Age Friendly Intermediate Line Dancing**

Date and Time: Thursday, January 30 11:00 am - 12:00 pm

Address: 400 Ferguson Avenue, Haileybury, ON P0J 1K0

Free intermediate line dancing classes. Registration is required. Upstairs hall at the Haileybury Arena. Bring a c lean pair of indoor shoes and a water bottle.

#### **Adult Swim**

Date and Time: Thursday, January 30 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

# Friday, January 31, 2025

#### **Indoor Pickleball**

Date and Time: Friday, January 31 9:00 am - 11:00 am

Address: 90 Whitewood Avenue, New Liskeard, ON P0J 1P0

Free indoor pickleball at the New Liskeard Community Hall. Equipment provided (paddles, net, balls). Bring a clean pair of indoor shoes and a water bottle.

## Aquafitness

Date and Time: Friday, January 31 9:00 am - 9:45 am

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Join us for aquafitness at the Waterfront Pool and Fitness Centre. Cost is \$7.01 for a drop-in.

#### **Adult Swim**

Date and Time: Friday, January 31 12:00 pm - 1:30 pm

Address: 77 Wellington Street South, New Liskeard, ON P0J 1P0

Adult/Lane swim for 18yrs+. Drop-in rate for seniors is \$4.50

## **Age Friendly Skating**

Date and Time: Friday, January 31 12:30 pm - 1:30 pm

Address: 75 Wellington Street South, New Liskeard, ON P0J 1P0

Bring your skates and helmet and come enjoy some free skating at the Don Shepherdson Memorial Arena in Ne w Liskeard.

# **Age Friendly Curling**

Date and Time: Friday, January 31 1:00 pm - 2:00 pm

Address: 11 May Street South, New Liskeard, ON P0J 1P0

Free curling for older adults. Registration is required. Bring a clean pair of indoor shoes.

https://calendar.temiskamingshores.ca